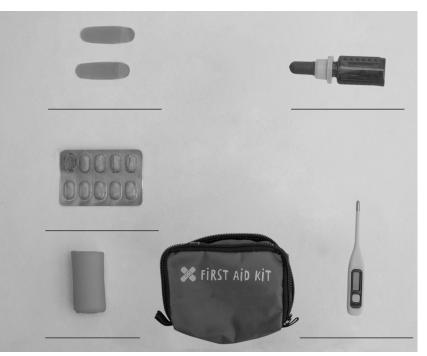


Listening worksheet 1 (standard)

A Hiking Injury







Label the picture of a first aid kit with the words from the box.

> bandage ointment painkillers plasters thermometer

2 Say when you might need these things.

You would need a bandage if you had a bad cut, and you needed to keep it clean.

- (3) (a) Listen to an interview with someone who had a hiking injury. Answer the questions in one to four words.
 - 1 What can you do if you hurt yourself very badly at
 - 2 Was Mark's injury very painful?
 - **3** Where did he spend the night?
 - 4 What time of year was it?
 - **5** Who found him the next morning?

- 4 🜓) Here is some advice for hikers. Listen again and make notes on whether Mark followed the advice.
 - 1 Always go hiking with other people. He didn't. He was alone on the mountain.
 - 2 Always wear good hiking boots.
 - 3 Know how to make a fire.
 - 4 Take enough to eat and drink.
 - **5** Take some plasters, painkillers, etc.
 - 6 Tell somebody where you are going.
- 5 Have you, or someone you know, ever had an accident when doing a sport or leisure activity? Tell the class about it.

Once, when I was playing hockey ...